

HIV and Expecting Mothers

<1%

In 2018, in the United States, of the new HIV diagnoses less than 1% were due to perinatal transmission¹

What is perinatal transmission? Perinatal transmission is when HIV is passed from mother-to-child anytime during pregnancy, childbirth, and breastfeeding.¹

For expecting mothers living with HIV, the risk of transmission to her baby can be 1% or less if she does these 3 things¹:



(1) Takes her HIV medicine as prescribed throughout pregnancy, birth, and delivery¹

(2) Gives her baby HIV medicine for 4 to 6 weeks after giving birth¹



(3) Does NOT breastfeed or pre-chew her baby's food¹

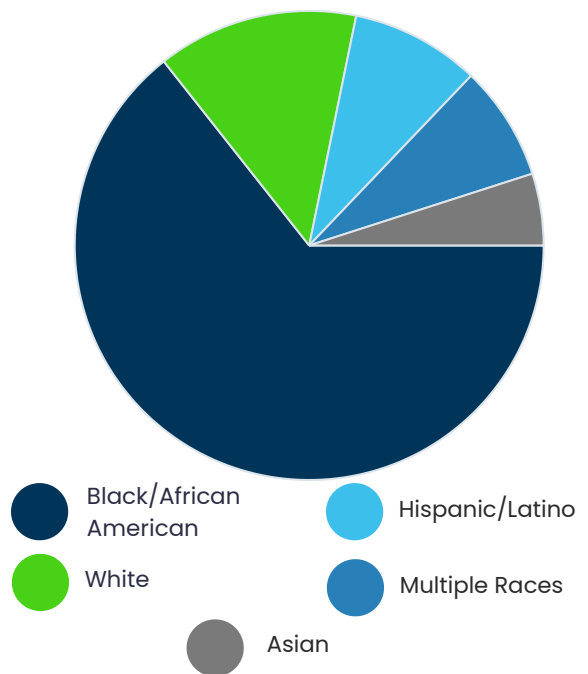
In Florida:

In 2019, there were a total of 453 perinatal HIV exposures²

From 2015-2018 there were 35 babies born HIV positive, this is known as perinatally acquired HIV²

In 2019, there were 0 babies born with HIV²

Perinatal HIV Diagnosis by race/ethnicity, in the United States¹



If you are currently pregnant or planning to get pregnant it is important to know your status and get test for HIV as soon as possible. If you are living with HIV, the sooner you start taking HIV medication the better the health for yourself and your baby.¹

If you don't have HIV, but your partner is HIV positive, contact your physician to discuss medication that prevents you from getting HIV, this is call pre-exposure prophylaxis (PrEP).¹

¹ Centers for Disease Control and Prevention, National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention

² Florida Department of Health, Division of Disease Control and Health Protection, Bureau of Communicable Disease

HIV and Expecting Mothers

Below are various resources for both HIV negative and positive expecting mothers located in Southwest Florida. Please click on the links to learn more.

Where to Get Tested

KnowYourHIVStatus

- [Knowyourhivstatus.com](http://knowyourhivstatus.com)
- HIV testing locator and other resources

Stop the Virus

- [Helpstopthevirus.com](http://helpstopthevirus.com)
- HIV testing locator along with other resources

HIV.Gov

- Hiv.gov
- HIV.gov collaborates with departments and agencies across the Federal government to provide HIV/AIDS-related information to users

HIV Counseling, Testing, and Referral Sites - by County

- Flhiv.doh.state.fl.us

United Way 211

- Call: 211
- Helpline to find resources and services in your area.

Where to Get HIV Services

HRSA Find a Ryan White HIV/AIDS Program Medical Provider Locator Tool

- Findhivcare.hrsa.gov
- The locator tool allows users to search for Ryan White HIV/AIDS medical providers

Housing for Better Health

- Housingforbetterhealth.com
- Provides information about the Housing Opportunities for Persons with AIDS (HOPWA) housing program

Southwest Florida HIV Services Locator

- Hivswfl.com

Florida Department of Health in DeSoto County - Lead Agency

- DeSoto.floridahealth.gov

Where to Get Resources for Pregnant Women

Area 8 Perinatal Linkage Coordinator

- Contact: Catherine.Leon@flhealth.gov, 239-461-6127
- The perinatal linkage coordinator seeks to establish and/or provide resources/services for HIV positive mama bear during pregnancy prior to birth.

Healthy Start

- Connect.healthystartflorida.com
- The Florida Healthy Start program provides education, support and proven interventions to expecting and new families who are at-risk of a poor birth outcome or delay in development.

Florida Department of Health

- Floridahealth.gov
- The Florida Department of Health works to protect, promote & improve the health of all people in Florida through integrated state, county & community efforts.

Nutrition Program for Women, Infants, and Children (WIC)

- Benefits.gov
- Supplemental foods, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to age five who are found to be at nutritional risk.

Where to Get Additional Information About HIV and Pregnancy

Centers for Disease Control and Prevention , CDC

- Cdc.gov
- CDC works 24/7 to protect America from health, safety, and security threats.

Office of Women's Health

- Womenshealth.gov
- Provide national leadership and coordination to improve the health of women and girls through policy, education, and innovative programs.

HIV.Gov

- Hiv.gov
- HIV.gov collaborates with departments and agencies across the Federal government to provide HIV/AIDS-related information to users

If you are interested in joining or learning more about the Area 8 RHAC Prevention Committee please reach out to RhacArea8@flhealth.gov

Area 8 Regional HIV/AIDS Advisory Consortium Prevention Committee