

Focus On... Youth Substance Abuse

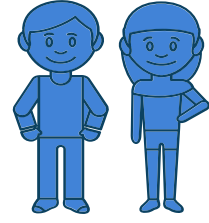
Sarasota County

What is FYSAS?

The Florida Youth Substance Abuse Survey (FYSAS) is a collaborative effort between the Florida departments of Health, Education, Children and Families, Juvenile Justice, and the Governor's Office of Drug Control. The 2020 survey data collection was almost fully complete before COVID-19 lockdown.¹

886

Middle and High School students in Sarasota County completed the 2020 Florida Youth Substance Abuse Survey.¹



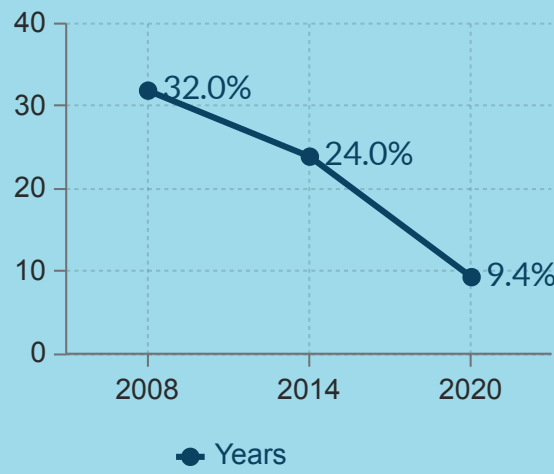
73%

73% of Sarasota County middle and high school students are **NOT** using any illicit drugs.¹



Not everyone is doing it!

Lifetime Cigarette Use



Lifetime use of cigarettes for both middle and high school students has continued to decrease.¹

Top 5 Drug Substances by Middle and High School, Lifetime Use¹

Middle School, Top 5

- Alcohol
- Vaping Nicotine
- Marijuana
- Vaping Marijuana
- Inhalants



High School, Top 5

- Alcohol
- Vaping Nicotine
- Marijuana
- Vaping Marijuana
- Cigarettes



The percentage of Sarasota County youth (ages 11-17) that currently use electronic vaping is **higher than the Florida average**, according to the Florida Youth Tobacco Survey.²

14% of high school students



reported riding in or driving a vehicle in the past 30 days after drinking alcohol.¹

Fewer students are using alcohol.¹

2010 - 55.6%
2020 - 37.5%

Lifetime use of alcohol by middle and high school students



The most common way high school drinkers got their alcohol was "someone gave it to me"¹

Focus On... Youth Substance Abuse

HPC encourages you to think about next steps to improve youth substance abuse in Southwest Florida. You may want to get involved, get help, get informed, get involved, and/or get more data.

Get Help

SAMHSA Behavioral Health Treatment Locator

- Findtreatment.samhsa.gov
- This services locator is a, confidential and anonymous, source of information for persons seeking treatment facilities in the United States
- National Helpline: 1-800-662-HELP (4357)

American Addiction Centers, Parents Guide

- Americantreatmentcenters.org
- Guide for parents of addicted children and teens

Florida Department of Children and Families

- myflfamilies.com
- DCFS information on their substance abuse and mental health services and other information

Smoke Free Teen

- Teen.smokefree.gov
- Tools and tips to help teens to quit smoking.

Find resources at swflresourcelink.com

Get Informed

Centers of Disease Control and Prevention

- Cdc.gov
- CDC works 24/7 to protect America from health, safety and security threats.

National Institutes of Health, Drug Abuse

- Drugabuse.gov
- NIDA is the lead federal agency supporting scientific research on drug use and its consequences

The Truth Campaign

- Thetruth.com
- Funded by the Truth Initiative. The Truth Initiative is America's largest nonprofit public health organization committed to making tobacco use and nicotine addiction a thing of the past.

Get Involved

Prevention Parents Southwest Florida

- Facebook.com/PreventionParentsSWFL
- A prevention collaboration with various Drug Free programs throughout southwest Florida (Charlotte, Collier, Hendry/Glades, Lee, Punta Gorda, and Englewood Community Coalition)

MADD Southwest Florida

- Facebook.com/MADDWFL
- MADD SWFL is a regional office of MADD that serves Lee, Collier, Charlotte, Hendry and Glades counties.

Sarasota Coalition on Substance Abuse

- Scosa.org
- A non-profit organization that advocates for substance abuse prevention, intervention, treatment and recovery in Sarasota County.

Drug Free Sarasota

- Facebook.com/DrugFreeSarasota
- Drug Free Sarasota is a county-wide coalition to prevent and increase awareness of substance abuse.

Get Data

Florida Health Charts

- Statewide public health data base for Florida created by the Florida Department of Health.

Florida Youth Tobacco Survey (FYTS)

- The Florida Youth Tobacco Survey (FYTS) tracks indicators of tobacco use and exposure to secondhand smoke among Florida public middle and high school students and provides data for monitoring and evaluating tobacco. County level data is provided.

Florida Youth Substance Abuse Survey (FYSAS)

- This is where the FYSAS data can be located. Statewide and county level data is provided.



Get More

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