

# COVID-19 Vaccine Outreach

MONTHLY NEWSLETTER



## LEARNING OPPORTUNITIES

### ONLINE TRAININGS:

Date: October 24, 2022 - June 30, 2022

Communicable Disease Community of Practice (CoP)

[Learn more and register here.](#)

COVID-19 Digital Classroom:  
Addressing Mental Health and Wellness

[Learn more and register here.](#)

Pandemic: A Critical Thinking Scenario

[Learn more and register here.](#)

Serving Diverse Communities:  
Building Cultural Competence and Humility into the Workplace

[Learn more and register here.](#)

## Caring for Yourself When Caring for Another

In May 2022, the [White House](#) reported that the pandemic "has led to profound changes that have accompanied an overall decline in mental health." Moreover, research shows that the impact has been particularly devastating for parents and unpaid [caregivers](#) of adults (i.e., Spouses, children, parents, and friends).

Supporting someone with COVID-19 or a [post-COVID condition](#) can be challenging, especially when there are few or no immediate answers or solutions. For example, the Centers for Disease Control and Prevention (CDC) [2020 study](#) reported that "two-thirds of survey respondents who identified as unpaid caregivers experienced mental health challenges during the pandemic, such as anxiety or depression, or suicidal thoughts." We are likely to see a similar effect on post-COVID caregivers over time.

CDC's [How Right Now campaign](#) provides helpful tools for navigating conversations about the type of support someone with post-COVID conditions may need.

## Support Group Resources For Caregivers

To continue being a good caregiver, taking care of oneself is essential. Below are resources that promote and strengthen the emotional well-being of populations adversely affected by COVID-19–related stress, grief, and loss.

- [Body Politic](#)
- [Survivor Corps](#)
- [Long COVID Alliance](#)
- [Long COVID Kids](#)
- [Migrant Clinicians Network - Witness to Witness](#)
- [AARP News Article](#) "How to Find a Caregiver Support Group That's Right for You"

*If you're supporting someone with COVID-19 or a post-COVID condition, here are some [tips](#) to protect yourself and others.*

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### Webinars:

Date: November 3, 2022

Addressing Social Isolation and Loneliness in Older Adults Living in Public Housing

[Learn more and register here.](#)

Date: November 18, 2022

Special and Vulnerable Populations COVID-19 Forum

[Learn more and register here.](#)

**STAY**  
**HEALTHY,**   
**SUNSHINE**

**COVID VACCINE. YOUR BRIGHTEST BET.**

## Resources

### COVID-19 Vaccination

#### Clinical Resources

- [CDC resources](#) can assist you in communicating about vaccinations this month and beyond.
- CDC's [COVID-19 Vaccination for Children website](#)
- [ProviderBridge.org](#) provides up-to-date information on emergency regulation and licensing by state as well as a provider portal to connect volunteer health care professionals to state agencies and health care entities.
- [Rural Health Clinic Vaccine Distribution \(RHCVD\) Program.](#)  
Under the program, Medicare-certified RHCs will receive direct COVID-19 vaccines in addition to their normal jurisdictions' weekly allocation.
- [One Stop Online for COVID Prevention and Treatment in Every County.](#) Visitors to the site can enter their county and map nearby locations for masks, respirators, vaccines, boosters, and all testing and treatment options.

#### Promotion/Patient education materials

- Health Planning Council of Southwest Florida [COVID-19 Resource](#) website
- Health Council of Southeast Florida [Stay Healthy Sunshine Campaign](#) website
- HHS' [We Can Do This](#) website
- [National Resource Center](#) for Refugees, Immigrants and Migrants creates COVID-19 communications materials in 40+ languages.
- [CDC's FAQs](#) about COVID-19 Vaccination for Children and Teens
- COVID-19 [Vaccines Available for Children Under 5](#)
- CDC COVID-19 [toolkit for Individuals with Intellectual and Developmental Disabilities](#)
- [Talking Health: A New Way to Communicate About Public Health](#) provides new research-based tools to help health professionals communicate more effectively about public health, strengthen community partnerships, and improve health outcomes.
- CDC Foundation's latest [Contagious Conversations podcast](#) discusses the current monkeypox outbreak, what CDC is doing to respond and the challenges ahead of us with the next disease outbreak response.