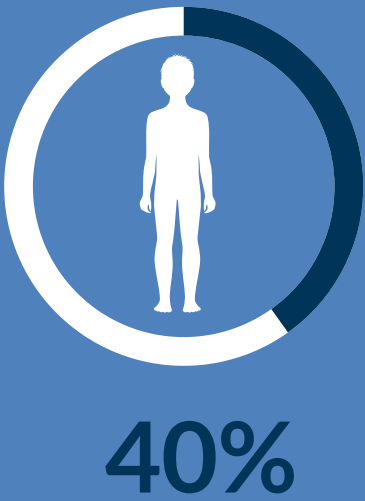


What are Social Determinants of Health?

According to the U.S. Department of Health and Human Services, Social Determinants of Health (SDOH) are the conditions in the environments where people are **born, live, learn, work, play, worship, and age** that affect a wide range of health, functioning, and quality-of-life outcomes and risks.²

Social Determinants account for 40% of a person's health.¹



For example: "children born to parents who have not completed high school are more likely to live in an environment that poses barriers to health such as lack of safety, exposed garbage, and substandard housing. They also are less likely to have access to sidewalks, parks or playgrounds, recreation centers, or a library."⁶ Combined these factors can have a negative impact on health.

Here are some ways different types of social determinants can relate to health in Sarasota County.

Health Care Access and Quality



In Sarasota County **10.8%** of adults could not see a doctor in the past year due to cost.³

Education Access and Quality



A person who has less than a High School education was **24.9%** more likely to have ever been told they have a depressive disorder than a person with more than a High School education.³

Economic Stability



People in Sarasota County making \$50,000 or more are **89.3%** more likely to have said their overall health was "good" to "excellent" than those making under \$25,000.³

Social and Community Context



24.2% of seniors (individuals 65 and older) in Sarasota County are living alone. This puts them at high risk for social isolation.⁵

Social determinants of health are a major reason why people born in one part of Sarasota County are **expected to live 18 years longer** (70.9 v 88.6) than those born in other parts of the county.⁴

For more information please visit our website [Hpcswf.com/health-planning/fact-sheet/](https://hpcswf.com/health-planning/fact-sheet/)

¹ County Health Rankings Model, 2019 ² Healthy People 2030 ³ Florida Behavioral Risk Factor Surveillance System (BRFSS) Telephone Survey conducted by the Centers for Disease Control and Prevention (CDC) and the Florida Department of Health Division of Community Health Promotion, 2019 ⁴ Tejada-Vera B, Bastian B, Arias e, Escobedo LA., Salant B, Life Expectancy Estimates by U.S. Census Tract, 2010-2015. National Center for Health Statistics. 2020. ⁵ Department of Elder Affairs, 2021 ⁶ Kaiser Family Foundation

Focus On... Social Determinants

HPC encourages you to learn more about the social determinants of health and how they may impact Southwest Florida. You may want to get involved, get informed, and/or get more data. Please click the links to learn more about each of the categories of the Social Determinants of Health.

Education Access and Quality

- [Healthy People 2030, Education Access and Quality](#)
- [Florida Behavioral Risk Factor Survey Data](#)
- [County Health Rankings, Education](#)
- [Florida Department of Education](#)
- [School-aged Child and Adolescent Profile](#)

Health Care Access and Quality

- [Healthy People 2030, Health Care Access and Quality](#)
- [Florida Behavioral Risk Factor Survey Data](#)
- [County Health Rankings, Employment](#)
- [US Census Bureau, Small Area Health Insurance Estimate \(SAHIE\)](#)
- [Health Professional Shortage Area \(HPSA\)](#)
- [Kaiser Family Foundation](#)

Social and Community Context

- [Healthy People 2030, Social and Community Context](#)
- [Florida Behavioral Risk Factor Survey Data](#)
- [County Health Rankings, Family and Social Support](#)
- [American Community Survey, US Census Bureau](#)
- [Aging in Florida Profile](#)

Neighborhood and Built Environment

- [Healthy People 2030, Neighborhood and Built Environment](#)
- [Florida Behavioral Risk Factor Survey Data](#)
- [County Health Rankings, Community Safety](#)
- [Shimberg Center for Housing Studies](#)
- [Robert Wood Johnson Foundation](#)
- [Community Map](#)

Economic Stability

- [Healthy People 2030, Economic Stability](#)
- [Florida Behavioral Risk Factor Survey Data](#)
- [County Health Rankings, Income](#)
- [Prosperity Now Scorecard](#)
- [Community Social & Economic Factors](#)



For more information please visit our website [Hpcswf.com/health-planning/fact-sheet/](https://hpcswf.com/health-planning/fact-sheet/)

Interested in receiving future Fact Sheets? Visit hpcswf.com/health-planning/fact-sheet/ to join our distribution list.

