# Focus On... Youth Substance Abuse DeSoto County

The Florida Youth Substance Abuse Survey (FYSAS) is a collaborative effort between the Florida departments of Health, Education, Children and Families, Juvenile Justice, and the Governor's Office of Drug Control.



HEALTH FOCUSED COMMUNITY DRIVEN

Middle and High School students in DeSoto County completed the 2022 Florida Youth Substance Abuse Survey.<sup>1</sup>

### Top 5 Drug Substances by High School Students, Lifetime Use in DeSoto County, 2022<sup>1</sup>

HEALTH PLANNING COUNCIL

OF SOUTHWEST FL

\*\*Middle School data unavailable



## Alcohol

Vaping Nicotine

Marijuana or Hashish



Vaping Marijuana

**Blacking Out** 



80.9% of DeSoto County Middle & High School students are committed NEVER smokers.1

Not everyone is doing it!

Students Who Have Ever Used an Electronic Vapor Product<sup>2</sup>



According to the 2022 Florida Youth Tobacco Survey, 26.6% of DeSoto County Middle & High School students have ever used an electronic vapor product, which is higher compared to 21% statewide.

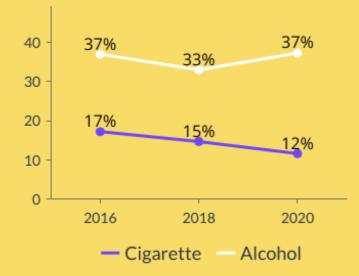


**15.1%** of High School students in DeSoto County reported riding in a vehicle in the past 30 days after drinking alcohol.<sup>1</sup>

The most common way high school drinkers got their alcohol was "someone gave it to me"<sup>1</sup>



# Lifetime Cigarette & Alcohol Use<sup>1</sup>



Middle & High School Students in DeSoto County \*\*2022 data unavailable

For more information please visit our website <u>www.hpcswf.com</u>

1 2022 Florida Youth Substance Abuse Survey 2 2022 Florida Youth Substance Abuse Survey



# Focus On... Youth Substance Abuse DeSoto County

HPC encourages you to research ways to improve youth substance abuse in Southwest Florida. Anyone can get involved and learn more.

# **Get Involved**

#### Prevention Parents Southwest Florida

- <u>Facebook.com/PreventionParentsSWFL</u>
- A prevention collaboration with various Drug Free programs throughout southwest Florida (Charlotte, Collier, Hendry/Glades, Lee, Punta Gorda, and Englewood Community Coalition)

#### MADD Southwest Florida

- Facebook.com/MADDWFL
- MADD SWFL is a regional office of MADD that serves Lee, Collier, Charlotte, Hendry and Glades counties.

#### Sarasota Coalition on Substance Abuse

- Scosa.org
- A non-profit organization that advocates for substance abuse prevention, intervention, treatment and recovery in Sarasota County.

#### Drug Free Sarasota

- Facebook.com/DrugFreeSarasota
- Drug Free Sarasota is a county-wide coalition to prevent and increase awareness of substance abuse.

# **Get Informed**

### **Centers of Disease Control and Prevention**

- Cdc.gov
- CDC works 24/7 to protect America from health, safety and security threats.

### National Institutes of Health, Drug Abuse

- Drugabuse.gov
- NIDA is the lead federal agency supporting scientific research on drug use and its consequences

### The Truth Campaign

- Thetruth.com
- Funded by the Truth Initiative. The Truth Initiative is America's largest nonprofit public health organization committed to making tobacco use and nicotine addiction a thing of the past.

# Get Help

### SAMHSA Behavioral Health Treatment Locator

- Findtreatment.samhsa.gov
- This services locator is a, confidential and anonymous, source of information for persons seeking treatment facilities in the United States
- National Helpline: 1-800-662-HELP (4357)

### American Addiction Centers, Parents Guide

- <u>Americantreatmentcenters.org</u>
- Guide for parents of addicted children and teens

### Florida Department of Children and Families

- myflfamilies.com
- DCFS information on their substance abuse and mental health services and other information

#### Smoke Free Teen

- Teen.smokefree.gov
- Tools and tips to help teens to quit smoking.

Find resources at swflresourcelink.com

## Get Data

#### Florida Health Charts

 Statewide public health data base for Florida created by the Florida Department of Health.

#### Florida Youth Tobacco Survey (FYTS)

- The Florida Youth Tobacco Survey (FYTS) tracks indicators of tobacco use and exposure to secondhand smoke among Florida public middle and high school students and provides data for monitoring and evaluating tobacco. County level data is provided.
- Florida Youth Substance Abuse Survey (FYSAS)
- This is where the FYSAS data can be located. Statewide and county level data is provided.

# Get More

For more information please visit our website <u>www.hpcswf.com</u>

Interested in receiving future Fact Sheets? Visit <u>hpcswf.com/health-planning/fact-sheet/</u> to join our distribution list.