

Focus On... Diabetes DeSoto County

An estimated 38 million US adults—that's about 1 in 10—have diabetes, and 1 in 5 of them don't know they have it. - CDC, Diabetes 2023.¹



13.1% of DeSoto County adults 20+ were diagnosed with Diabetes in 2023.²

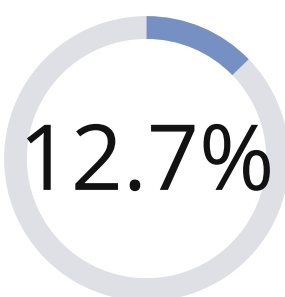
Men are more likely to be diagnosed with Diabetes than women in DeSoto County²

Adults ages 20+, 2023.



13.4%

Men



12.7%

Women



Diabetes is the

6th

most common cause of death in DeSoto County³

In 2024, there was a total of 16 Diabetes-related deaths.

According to FL Health Charts, having diabetes increases the risk of heart disease and stroke and can lead to other serious complications, such as kidney failure, blindness, and amputation of a toe, foot, or leg.³

\$117,893,739⁴



In 2023, 963 DeSoto County residents were hospitalized due to Diabetes. This resulted in a total of \$117,893,739 in hospital charges.

For more information please visit our website www.hpcswf.com

¹ Centers for Disease Control & Prevention: Diabetes and Prediabetes ² United States Diabetes Surveillance System, Division of Diabetes

³ Florida Health Charts - 2024 Leading Cause of Death Profile ⁴ AHCA via Broward Regional Health Planning Council Hospital Inpatient and Emergency Department Analytical System

Focus On... Diabetes

HPC encourages you to research ways to address diabetes in Southwest Florida. Diabetes is preventable among those who do not have diabetes or who have prediabetes. Diabetes management and education can improve the health and well-being of people with diabetes. Anyone can get involved and learn more.

Get Involved

American Diabetes Association

- [Diabetes.org](https://diabetes.org)
- To prevent and cure diabetes and to improve the lives of all people affected by diabetes.

Diabetes Advocacy Alliance

- [Diabetesadvocacy.org](https://diabetesadvocacy.org)
- Member organizations united in the desire to change the way diabetes is viewed and treated in America.

Florida Diabetes Advocacy Alliance

- [Floridiabetesalliance.org](https://floridiabetesalliance.org)
- Coordinating resources to improve systems for diabetes prevention and care throughout Florida.

Get Informed

Diabetes Self-Management Education and Support (DSMES) : helps people with diabetes learn how to take the best care of themselves.

DSMES helps clients:

1. Know how to manage their diabetes which will help avoid or delay serious health complications,
2. Save money and time (fewer trips to the hospital)
3. Know how to properly take medication and monitor blood sugar
4. Overall live a healthier life with diabetes (CDC).

To find a Diabetes Education Program visit:

- [CDC DSMES Program Finder](https://cdc.gov/dsmes)

Prevention

Fact Sheets about Diabetes Prevention

- [Cdc.gov/Diabetes](https://cdc.gov/Diabetes)
- From the Centers of Disease Control and Prevention (CDC)

Find CDC Recognized Diabetes Prevention Programs in Your Area

- [Dprp.cdc.gov](https://dprp.cdc.gov)
- CDC, Diabetes prevention program finder

Learn More about Florida's Diabetes Prevention Efforts

- [Floridahealth.gov](https://floridahealth.gov)
- Florida Department of Health, Diabetes prevention

Get Data

- [US Diabetes Surveillance](#)

System

- [Broward Health Planning](#)

Council Florida Health Data

Warehouse

- [Florida Health Charts](#)

Get More

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