



HEALTH  
PLANNING  
COUNCIL  
OF SOUTHWEST FL

HEALTH FOCUSED COMMUNITY DRIVEN

# Aging in Sarasota County

## 38%

In 2024, approximately **38%** (179,230) of the population in Sarasota County was 65 years and older. Of those, 26,110 are 85 years of age or older.<sup>1</sup>

### ACCESS TO CARE



When compared to Florida, Sarasota County has more nursing home beds (624.0 vs. 357.5 rate per 100,00) in 2024.<sup>2</sup>

In 2024 there was **161,995** seniors in Sarasota County that enrolled in Medicare<sup>3</sup>



About **27%** of seniors 65+ in Sarasota County are living with a disability.<sup>4</sup>



### FALLS



Falls among those 65+ were the leading fatal unintentional injury.<sup>4</sup>



In 2024, the rate of seniors aged 65 and older who visited the emergency department for a fall was 4,234.8 per 100,000, lower than the Florida average (5,587.5 per 100,000).<sup>2</sup>



### SOCIAL & HEALTH FACTORS



About **24%** of seniors in Sarasota County live alone. Senior isolation is a major public health concern. This could negatively affect a person's physical and mental health.<sup>4</sup>



The average monthly Social Security income for seniors in Sarasota County in 2023 was **\$2,081.00**.<sup>5</sup>



About **20%** of people aged 65 and older in Sarasota County live below 200% of the poverty level.<sup>4</sup>



Approximately **27%** of seniors 80+ in Sarasota County in 2023 do not have a drivers license.<sup>6</sup>



### SOURCES

<sup>1</sup> Florida Legislature's Office of Economic and Demographic Research, <sup>2</sup> Florida Agency for Health Care Administration, <sup>3</sup> Centers for Medicare and Medicaid Services, <sup>4</sup> Florida Department of Health, Bureau of Vital Statistics, <sup>5</sup> United States Census Bureau, American Community Survey, <sup>6</sup> Social Security Administration <sup>6</sup> Florida Department of Highway Safety and Motor Vehicles



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## Local Resources for Seniors

- Area Agency on Aging Southwest Florida
  - [Aaaswfl.org](http://Aaaswfl.org)
- Senior Friendship Center Location Finder
  - [Friendshipcenters.org](http://Friendshipcenters.org)
- Aging System Coordination
  - [Scgov.net](http://Scgov.net)
- Fall Prevention, Florida Department of Health in Sarasota County
  - [Sarasota.floridahealth.gov](http://Sarasota.floridahealth.gov)
- Resource Guide for Seniors, City of North Port
  - [Northportfl.gov](http://Northportfl.gov)

## National and State Resources

- Alzheimer's Association
  - [Alz.org](http://Alz.org)
- Elder Helpline Local Number Finder
  - [Elderaffairs.org/elder-helpline](http://Elderaffairs.org/elder-helpline)
- Florida Department on Elder Affairs
  - [Elderaffairs.org](http://Elderaffairs.org)
- Falls Prevention, National Council on Aging
  - [Ncoa.org](http://Ncoa.org)
- Progame of All-Inclusive Care for the Elderly (PACE) Program Finder
  - [Npaonline.org](http://Npaonline.org)

## Get Data

- [Aging in Florida Dashboard](#)
- [FL Charts](#)

**For more information please visit our website**  
**[Hpcswf.com](http://Hpcswf.com)**



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