

Aging in Sarasota County

38%

In 2024, approximately **38%** (179,230) of the population in Sarasota County was 65 years and older. Of those, 26,110 are 85 years of age or older.¹

ACCESS TO CARE



When compared to Florida, Sarasota County has more nursing home beds (624.0 vs. 357.5 rate per 100,000) in 2024.²

In 2024 there was **161,995** seniors in Sarasota County that enrolled in Medicare³



About **27%** of seniors 65+ in Sarasota County are living with a disability.⁴



FALLS



Falls among those 65+ were the leading fatal unintentional injury.⁴



In 2024, the rate of seniors aged 65 and older who visited the emergency department for a fall was 4,234.8 per 100,000, lower than the Florida average (5,587.5 per 100,000).²



SOCIAL & HEALTH FACTORS



About **24%** of seniors in Sarasota County live alone. Senior isolation is a major public health concern. This could negatively affect a person's physical and mental health.⁴



The average monthly Social Security income for seniors in Sarasota County in 2023 was **\$2,081.00**.⁵



About **20%** of people aged 65 and older in Sarasota County live below 200% of the poverty level.⁴



Approximately **27%** of seniors 80+ in Sarasota County in 2023 do not have a drivers license.⁶

SOURCES

1 Florida Legislature's Office of Economic and Demographic Research, 2 Florida Agency for Health Care Administration, 3 Centers for Medicare and Medicaid Services, 4 Florida Department of Health, Bureau of Vital Statistics, 4 United States Census Bureau, American Community Survey, 5 Social Security Administration 6 Florida Department of Highway Safety and Motor Vehicles



Aging in Sarasota County

Local Resources for Seniors

- Area Agency on Aging Southwest Florida
 - Aaaswfl.org
- Senior Friendship Center Location Finder
 - Friendshipcenters.org
- Aging System Coordination
 - Scgov.net
- Fall Prevention, Florida Department of Health in Sarasota County
 - Sarasota.floridahealth.gov
- Resource Guide for Seniors, City of North Port
 - Northportfl.gov

National and State Resources

- Alzheimer's Association
 - Alz.org
- Elder Helpline Local Number Finder
 - Elderaffairs.org/elder-helpline
- Florida Department on Elder Affairs
 - Elderaffairs.org
- Falls Prevention, National Council on Aging
 - Ncoa.org
- Program of All-Inclusive Care for the Elderly (PACE) Program Finder
 - Npaonline.org

Get Data

- [Aging in Florida Dashboard](#)
- [FL Charts](#)

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